



Healthy People
Healthy Carolinas

Health Check-Up

A Monthly Progress Report with
HPHC



Community Corner

04/14/18

Fountain will have Emma Dupree Day (Earth Day) event at. Contact: Jane Rose

04/14/18

The Lucille Gorham Intergenerational Center (IGCC) will have "IGCC Day". IF you would like to represent PPH at this event please. Contact: Tiffany Thigpen at PCHD

04/15/18

Pitt County Health Department will host Making Pitt Babies Fit from 2pm to 5pm at the Greenville Convention Center. Contact: Brittany Kinder

Join an action Team!

HPHC initiatives are researched, discussed, planned, and implemented through PPH action teams. We welcome you to take part in the process

Access to Care

Meets at 3pm on the 4th Tuesday of each month at Access East

Chronic Disease

Meets at 3:30pm on the 2nd Tuesday of each month at Eppes Recreation or Vidant Foundation Building

Nutrition and Physical Activity

Meets the 3rd Thursday of each month at 8:30am at Alice Keene Park (April 19th at VMC Community Health Programs, 604-A Medical Drive)

EBI Updates

WWNC: WalkWise NC

WalkWise NC ended the week of March 26th. Grifton Elementary/Middle School had 47 participants. Third Street School had 17 participants. NC CIVIL had 18 participants.

-The next round will start at the end of April. Please contact Tiera by phone or email if you would like to sign your group or organization up to participate.



WWAD: Walk With A Doc

Contract is signed and approved. The tentative start date is May. If you or a doctor you know is interested in participating please contact Tiera Beale



Share our Strength: Grocery Store Tours

Application has been submitted and is set to be reviewed in April.

Kids in Parks Track Trails:

Local municipalities were invited to attend a TRACK Trail interest meeting at AKP on March 28th. Interested agencies were asked to sign an MOU that contained a checklist on responsibilities associated with a TRACK Trail.

What's that???

Common acronyms used in public health/community health without explanation

MOU (Memorandum of Understanding): A nonbinding agreement between two or more parties stating the terms and details of an understanding. This includes each parties' requirements and responsibilities

CMATS (Cooking Matters at the Store): A free, guided grocery store tour that teaches low-income adults how to get the most nutrition for their food dollars. Participants practice key food shopping skills, such as buying fruits and vegetables on a budget, comparing unit prices, reading food labels, and identifying whole grain foods

IRB (Institutional Review Board): Provides ethical and regulatory oversight of research that involves human subjects. Its key goal is to protect participants from mental and/or physical harm.



SHARE OUR STRENGTH'S
COOKING
MATTERS
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